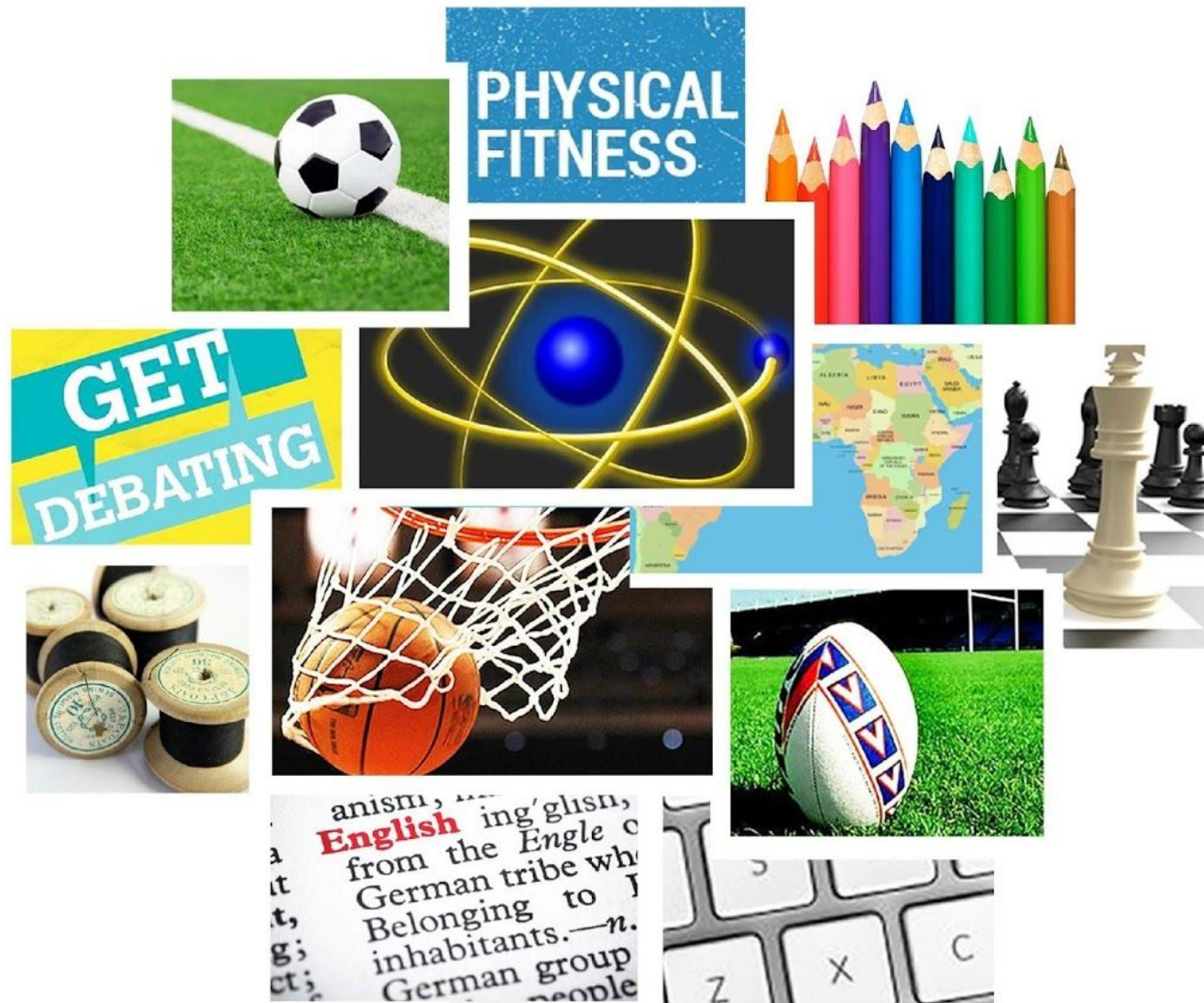


# Extra Curricular Activities @NHGS



## Activities for Lower School Students

Name of Activity or Club	Description of activity or club	Staff in charge	Is the activity available to everyone?	Participants	Day	When does the club happen?	Time	Location	How long does the club run?	Any other details
<b>First Bow</b>	An opportunity for Year 7 and 8 students to work with Year 12 production teams in rehearsing and performing a 30 minute theatrical production which will be performed on 23rd and 24th January 2019.	GWM / OJC	Selected groups	Year 7, Year 8, Year 12	Tuesday, Wednesday, Thursday, Friday	Other	Lunchtime: 12:20 - 12:55 p.m. / After School: 3 - 4:30 p.m.	Various	Autumn 1, Autumn 2, Spring 1	Which days various productions will rehearse will be decided by the Year 12 production teams. A variety of rehearsals will take place both during lunchtimes and after school.
<b>Performing Arts Showcase / Matilda</b>	An opportunity for students from any year group to rehearse and perform in, or provide technical assistance back / off stage, our main 2018-19 school production. Performances will take place on March 20th and 21st 2019.	GWM / MM / OJC	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Wednesday, Thursday, Friday	Other	Lunch Time Rehearsals: 12:20 - 12:25 / After School Rehearsals 3:00 - 4:30 p.m.	Assembly Hall / MR1 / Dance Studio	Autumn 1, Autumn 2, Spring 1, Spring 2	

<b>String Quartet</b>	Senior String Chamber Music Ensemble	GWM	By invitation only	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Tuesday	After school	3 to 4 p.m.	MR1	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	Whilst this "club" is primarily by invite through identification of more advanced string players in the school, if there are any students, particularly those that may be new to the school that are Grade 5+ and would like to find out more, please email GWM.
<b>Basketball</b>	Drills and games for players of all ability. Boys and Girls both welcome.	CW	Open to everyone	Years 7, 8 & 9	Tuesday	Lunchtime	12-12:45	Gym	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	Must wear PE kit if Y7-11. Trainers only in Sports Hall.
<b>Dance</b>	Y7+8 Dance ran by Y10 students	LEB	Open to everyone	Year 7, Year 8	Tuesday	Lunchtime	12.15 - 12.45pm	Dance Studio	Autumn 1, Autumn 2, Spring 1	LEB + Year 10 students
<b>Girls Football</b>	N/A	LEB	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11	Friday	Lunchtime	12.15 - 12.45pm	Fields	Autumn 1, Autumn 2, Spring 1, Spring 2	LEB + 6th former
<b>Girls Rugby</b>	Y9-11 on Monday. Y7-8 on Thursday.	LEB	Open to everyone	Year 7, Year 8	Thursday	Lunchtime	12.15 - 12.45pm	Fields	Autumn 1, Autumn 2, Spring 1, Spring 2	LEB + 6th former
<b>Hockey</b>	Hockey practice on the MUGA.	LEB	Open to everyone	Year 7	Friday	Lunchtime	12.15 - 12.45pm	MUGA	Autumn 1, Autumn 2, Spring 1, Spring 2	

<b>Lower School Rugby Union</b>	Y7&8 Rugby Union Practice	WJD	Open to everyone	Year 7, Year 8	Tuesday	Lunchtime	12:15-12:45	Fields	Autumn 1, Autumn 2	
<b>Netball Club</b>	Playing netball and developing skills	SLH	Open to everyone	Year 7	Wednesday	Lunchtime	12.15-12.45	Gym	Autumn 1, Autumn 2, Spring 1, Spring 2	Bring kit and a drink
<b>Netball Club</b>	Playing netball and developing skills	SLH	Open to everyone	Year 8, Year 9	Thursday	Lunchtime	12.15-12.45	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2	Bring kit and drink
<b>Netball Club</b>	Playing netball and developing skills	SLH	Open to everyone	Year 7, Year 8, Year 9	Wednesday	After school	3-4	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2	Bring kit and a drink
<b>Y7 Boys Football</b>	Football Practice	SST	Open to everyone	Year 7	Monday	Lunchtime	12:15-12:45	Fields	Autumn 1, Autumn 2	
<b>Y8 Boys Football</b>	Football Practice	WJD	Open to everyone	Year 8	Wednesday	Lunchtime	12:15-12:45	Fields	Autumn 1, Autumn 2	
<b>Art Club</b>	Art Club Y7/8 Starting with a Christmas card competition then individual or group projects throughout the year	CH	Selected groups	Year 7, Year 8	Thursday	After school	3-4	AD2	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	
<b>CAD/CAM club</b>	Need some help with the coursework? Come to the intervention	CHW	Open to Everyone	Y7-9	Wednesday	Lunchtime	12-12:30pm	TG2	All year	Come to CAD / CAM Club to have ago at 3D printing! <i>(you must learn the software)</i>

	<p>session on Thursday!</p> <p>Started thinking about Christmas yet?</p> <p>Want to make some presents for friends and family? How about a personalised tree decoration? Visit the workshop session!</p>									<i>first)</i>
<b>Chess Club</b>	Come along and play chess	SHR	Open to everyone	Years 7-11	Monday	Lunchtime	12:10-12:50	SF2	All Year	
<b>Creative Writing</b>	Creative Writing - we share ideas, work on projects, enter competitions.	ALK	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Wednesday	Lunchtime	12:20	E2	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	All welcome
<b>Debating</b>	The school debating society - we learn forms for debating, practise rhetoric, have an in school competition and sometimes enter external ones run by Oxbridge and other universities.	ALK	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Thursday	Lunchtime	12:20	SF4	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	

<b>ICT Club</b>	A dedicated session where students can receive further support or simply come in and complete their ICT work.	ZNA	Open to everyone	Years 7&8	Tuesday	Lunchtime	12:00-12:30	IT2	All year	
<b>KS3 Sewing Bee</b>	Christmas gifts and decorations	JLM	Open to all KS3 (18 spaces available) Sign up	Year 7 - 9	Tuesday	Lunchtime (starting after Oct half term)	12.00 – 1.00	TT	Autumn 2	Bring some lunch
<b>KS3 History Club</b>	Pupils do fun activities linked to History beyond the curriculum. The club is run by Sixth Formers who adapt the activities to the interests of those who come to the club.	NAB (but totally run by Sixth Form)	Open to everyone	Year 7, Year 8	Wednesday	Lunchtime	12:20-12:50	E6	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1	
<b>Sweet Treats Baking Class</b>	Baking club	HY	Open to everyone	Years 7-11	Tuesday	Lunchtime	12-1pm	TF	5/11/18 until Christmas	18 spaces available Book each wee
<b>Workshop Session</b>		CHW	Open to Everyone	Y7-11	Tuesday	Lunchtime	12-12:30pm	TRM	All year	
<b>Year 7 Science Club</b>	Fun practical Science activities that will thrill and engage young scientists.	MKA/KAH	Open to everyone	Year 7	Wednesday	Lunchtime	12.00 to 12.45	SL3	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1,	Bring some lunch



## Activities for Upper School Students

Name of Activity or Club	Description of activity or club	Staff in charge	Is the activity available to everyone?	Participants	Day	When does the club happen?	Time	Location	How long does the club run?	Any other details
<b>Performing Arts Showcase / Matilda</b>	An opportunity for students from any year group to rehearse and perform in, or provide technical assistance back / off stage, our main 2018-19 school production. Performances will take place on March 20th and 21st 2019.	GWM / MM / OJC	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Wednesday Thursday Friday	Other	Lunch Time Rehearsals: 12:20 - 12:25 / After School Rehearsals 3:00 - 4:30 p.m.	Assembly Hall / MR1 / Dance Studio	Autumn 1, Autumn 2, Spring 1, Spring 2	
<b>String Quartet</b>	Senior String Chamber Music Ensemble	GWM	By invitation only	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Tuesday	After school	3 to 4 p.m.	MR1	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	Whilst this "club" is primarily by invite through identification of more advanced string players in the school, if there are any students, particularly those that may be new to the school that are Grade 5+ and would like to find out more, please email GWM.
<b>Basketball</b>	Drills and games for players of all ability. Boys and Girls both welcome.	CW	Open to everyone	Year 10, Year 11, Year 12, Year 13	Friday	Lunchtime	12-1	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	Must wear PE kit if Y7-11. Trainers only in Sports Hall.



<b>Fitness suite</b>	fitness work	NIH/WJD/S DL/SST	Selected groups	Year 10, Year 11, Year 12, Year 13	Every day	Lunchtime	12.15	fitness suite	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	leave time for lunch and changing before the afternoon session
<b>Girls Hockey</b>	Hockey Practice	CT	Open to everyone	Year 10, Year 11, Year 12, Year 13	Wednesday	Lunchtime	12:15-12:45	MUGA	Autumn 1, Autumn 2	
<b>Girls Rugby</b>	Rugby Practice	LEB	Open to everyone	Year 9, Year 10, Year 11	Monday	Lunchtime	12.15 - 12.45pm	Fields	Autumn 1, Autumn 2, Spring 1, Spring 2	LEB + 6th former
<b>Hockey</b>	Hockey practice on the MUGA.	LEB	Open to everyone	Year 8, Year 9	Tuesday	Lunchtime	12.15 - 12.45pm	MUGA	Autumn 1, Autumn 2, Spring 1, Spring 2	
<b>ICT Club</b>	A dedicated session where students can receive further support or simply come in and complete their ICT work.	ZNA	Open to all year 9	Year 9	Thursday	Lunchtime	12-12:30pm	IT2	All Year	
<b>Netball Club</b>	Playing netball and developing skills	SLH	Open to everyone	Year 10, Year 11, Year 12, Year 13	Tuesday	Lunchtime	12.15-12.45	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2	Bring kit and a drink
<b>Netball Club</b>	Playing netball and developing skills	SLH	Open to everyone	Year 8, Year 9	Thursday	Lunchtime	12.15-12.45	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2	Bring kit and drink

<b>Netball club</b>	Playing netball and developing skills	SLH	Open to everyone	Year 10, Year 11, Year 12, Year 13	Tuesday	After school	3.00-4.00	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2	Bring kit and a drink
<b>Netball Club</b>	Playing netball and developing skills	SLH	Open to everyone	Year 7, Year 8, Year 9	Wednesday	After school	3-4	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2	Bring kit and a drink
<b>GCSE PE</b>	Badminton	SDL	GCSE PE	Year 10, Year 11	Wednesday	Lunchtime	12:15-12:45	Sports Hall	Autumn 1, Autumn 2	
<b>GCSE PE</b>	Basketball	SDL	GCSE PE	Year 10, Year 11	Monday	Lunchtime	12:15-12:45	Sports Hall	Autumn 1, Autumn 2	
<b>GCSE PE</b>	Basketball	SDL	GCSE PE	Year 10, Year 11	Thursday	Lunchtime	12:15-12:45	Gym	Autumn 1, Autumn 2	
<b>Year 11 Recreational Football</b>	Year 11 5 a side Football	DK	Year 11	Year 11	Monday and Friday	Lunchtime	12:15-12:45	Sports Hall	All year	
<b>CAD/CAM club</b>	Need some help with the coursework? Come to the intervention session on Thursday!  Started thinking about Christmas yet?  Want to make some presents for friends and family? How about a personalised tree decoration? Visit the workshop session!	CHW	Open to Everyone	Y7-9	Wednesday	Lunchtime	12-12:30pm	TG2	All year	Come to CAD / CAM Club to have ago at 3D printing! <i>(you must learn the software first)</i>
<b>Chess Club</b>	Come along and play chess	SHR	Open to everyone	Years 7-11	Monday	Lunchtime	12:10-12:50	SF2	All Year	

<b>Creative Writing</b>	Creative Writing - we share ideas, work on projects, enter competitions.	ALK	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Wednesday	Lunchtime	12:30	E2	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	All welcome
<b>Debating</b>	The school debating society - we learn forms for debating, practise rhetoric, have an in school competition and sometimes enter external ones run by Oxbridge and other universities.	ALK	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Thursday	Lunchtime	12:20	SF4	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	-
<b>KS3 Sewing Bee</b>	Christmas gifts and decorations	JLM	Open to all KS3 (18 spaces available) Sign up	Year 7 - 9	Tuesday	Lunchtime (starting after Oct half term)	12.00 – 1.00	TT	Autumn 2	Bring some lunch
<b>Sweet Treats Baking Class</b>	Started thinking about Christmas yet? Want to make some <u>edible</u> presents for friends and family?	HY	Open to everyone	Years 7-11	Tuesday	Lunchtime	12-1pm	TF	5/11/18 until Christmas	18 spaces available Book each week
<b>Workshop Session</b>		CHW	Open to Everyone	Y7-11	Tuesday	Lunchtime	12-12:30pm	TRM	All year	

## Activities for Sixth Form Students

Name of Activity or Club	Description of activity or club	Staff in charge	Is the activity available to everyone?	Participants	Day	When does the club happen?	Time	Location	How long does the club run?	Any other details
<b>First Bow</b>	An opportunity for Year 7 and 8 students to work with Year 12 production teams in rehearsing and performing a 30 minute theatrical production which will be performed on 23rd and 24th January 2019.	GWM / OJC	Selected groups	Year 7, Year 8, Year 12	Tuesday, Wednesday, Thursday, Friday	Other	Lunchtime: 12:20 - 12:55 p.m. / After School: 3 - 4:30 p.m.	Various	Autumn 1, Autumn 2, Spring 1	Which days various productions will rehearse will be decided by the Year 12 production teams. A variety of rehearsals will take place both during lunchtimes and after school.
<b>Performing Arts Showcase / Matilda</b>	An opportunity for students from any year group to rehearse and perform in, or provide technical assistance back / off stage, our main 2018-19 school production. Performances will take place on March 20th and 21st 2019.	GWM / MM / OJC	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Wednesday, Thursday, Friday	Other	Lunch Time Rehearsals: 12:20 - 12:25 / After School Rehearsals 3:00 - 4:30 p.m.	Assembly Hall / MR1 / Dance Studio	Autumn 1, Autumn 2, Spring 1, Spring 2	

<b>String Quartet</b>	Senior String Chamber Music Ensemble	GWM	By invitation only	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Tuesday	After school	3 to 4 p.m.	MR1	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	Whilst this "club" is primarily by invite through identification of more advanced string players in the school, if there are any students, particularly those that may be new to the school that are Grade 5+ and would like to find out more, please email GWM.
<b>Basketball</b>	Drills and games for players of all ability. Boys and Girls both welcome.	CW	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Friday	Lunchtime	12-1	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	Must wear PE kit if Y7-11. Trainers only in Sports Hall.
<b>Fitness suite</b>	fitness work	NIH/WJD/S DL	Selected groups	Year 10, Year 11, Year 12, Year 13	Every day	Lunchtime	12.15	fitness suite	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	leave time for lunch and changing before the afternoon session
<b>Girls Hockey</b>	Hockey Practice	CT	Open to everyone	Year 10, Year 11, Year 12, Year 13	Wednesday	Lunchtime	12:15-12:45	MUGA	Autumn 1, Autumn 2	
<b>Netball Club</b>	Playing netball and developing skills	SLH	Open to everyone	Year 10, Year 11, Year 12, Year 13	Tuesday	Lunchtime	12.15-12.45	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2	Bring kit and a drink
<b>Netball club</b>	Playing netball and developing skills	SLH	Open to everyone	Year 10, Year 11, Year 12, Year 13	Tuesday	After school	3.00-4.00	Sports Hall	Autumn 1, Autumn 2, Spring 1, Spring 2	Bring kit and a drink
<b>Bar Mock Trial</b>	Mock trial and understanding the law	DK	By invitation only	Year 12, Year 13	Thursday	After school	12-1 and 3-4	E10	Autumn 1, Autumn 2	

<b>Creative Writing</b>	Creative Writing - we share ideas, work on projects, enter competitions.	ALK	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Wednesday	Lunchtime	12:20	E2	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	All welcome
<b>Debating</b>	The school debating society - we learn forms for debating, practise rhetoric, have an in school competition and sometimes enter external ones run by Oxbridge and other universities.	ALK	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Thursday	Lunchtime	12:20	SF4	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	
<b>Medsoc</b>	Aimed at students who are interested in a career in medicine	NKW Run by Y13	Open to everyone in Y12	Year 12	Monday	Lunchtime	12:30pm		All year	
<b>Photography Workshop</b>	Extra curricular time for those studying A-level Photography	D. Allen	Selected groups	Year 12, Year 13	Tuesday, Thursday	Lunchtime	12.00pm 12.55pm	TG1	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	Run by DLA for Photography Students.
<b>Rotary Interact Charity Committee</b>	Organise activities to raise funds for chosen charities throughout the year	GQ	Selected groups	Year 12, Year 13	Monday	Lunchtime	12-12.30	ABL	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	linked with Rotary Club

