

Physical Activity^{HS}

<p>3.1 Provides clear leadership and management to develop and monitor its Physical Activity Policy</p>	<p>3.5 Consults with children and young people about the Physical Activity opportunities offered by the school, identifies barriers to participation and seeks to remove them</p>	<p>3.9 Ensures that there is appropriate training provided for those involved in providing physical activities</p>
<p>3.2 Has a whole school Physical Activity Policy – developed through wide consultation, implemented, monitored and evaluated for impact</p>	<p>3.6 Involves School Sport Co-ordinators (where available) and other community resources in provision of activities</p>	<p>3.10 Encourages all staff to undertake Physical Activity</p>
<p>3.3 Ensures a minimum 2 hours of structured Physical Activity each week to all of its children and young people in or outside the school curriculum</p>	<p>3.7 Encourages children, young people, parents/carers and staff to walk or cycle to school under safer conditions, utilising the School Travel Plan</p>	
<p>3.4 Provides opportunities for all children and young people to participate in a broad range of extra-curricular activities that promote Physical Activity</p>	<p>3.8 Gives parents/carers the opportunity to be involved in the planning and delivery of Physical Activity opportunities and helps them to understand the benefits of Physical Activity for themselves and their children</p>	