

Healthy Eating^{HS}

<p>2.1 Has an identified member of the senior management team to oversee all aspects of food in schools</p>	<p>2.5 Has a welcoming eating environment that encourages the positive social interaction of children and young people (see Food in Schools guidance)</p>	<p>2.9 Ensures that children and young people have opportunities to learn about different types of food in the context of a balanced diet (using the Balance of Good Health), and how to plan, budget, prepare and cook meals, understanding the need to avoid the consumption of foods high in salt, sugar and fat and increase the consumption of fruit and vegetables</p>
<p>2.2 Ensures provision of training in practical food education for staff, including diet, nutrition, food safety and hygiene</p>	<p>2.6 Ensures that breakfast club, tuck shop, vending machine and after-school food service (where available in school) meets or exceeds current DCSF school food standards</p>	<p>2.10 Has easy access to free, clean and palatable drinking water, using the Food in Schools guidance</p>
<p>2.3 Has a whole school Food Policy – developed through wide consultation, implemented, monitored and evaluated for impact</p>	<p>2.7 Has a school lunch service that meets or exceeds current DCSF standards for school lunches</p>	<p>2.11 Consults children and young people about food choices throughout the school day using school councils, Healthy School task groups or other representative bodies of children and young people.</p>
<p>2.4 Involves children, young people and parents/carers in guiding food policy and practice within the school, enables them to contribute to healthy eating and acts on their feedback</p>	<p>2.8 Monitors children and young people's menus and food choices to inform policy development and provision</p>	